

MINI BASKETBALL RULES

CATEGORY: Under 8 (Mixed)

Under 8 tournaments are to be co-educational (Mixed Boys and girls)

Game: 3 vs 3

Time: 4 sessions of 5 mins each session

Substitutions: Every new quarter

Ability: Coaches/leaders are encouraged to try and side participants of equal abilities.

Officiating: By club coaches and leaders who need to bring along a whistle!

- Jump ball is to start all the quarters
- Man to man marking. Teach participants to stay with man in Defence
- Running time
- Defence on sideline/baseline players is to be at least a metre away. (Use yellow line around the side lines or approximate distance)
- After basket is scored, the team who scored needs to pick up the defence as from the half court line. No full court man to man is to be played
- Traveling rule applied. (in groups of low ability, one needs to allow minor violations to this rule)
- Double dribble rule applied
- No contact rule. This is to be applied and emphasized. (Excessive contact is highly evident in this category due to lack of body coordination, judgment of space and time)
- No time outs
- No free throws awarded. Side and base line inlets are practiced
- In case of joint possession alternate sidelines are awarded

MINI BASKETBALL RULES

CATEGORY: Under 10 Boys, Under 10 Girls
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Under 10 tournaments are to be separated by gender

Introduction of Junior Officials

Game: 3 vs 3
Time: 4 sessions of 6 mins each session. (Depending on number of teams and play time)
Substitutions: Every new quarter
Ability: Coaches/leaders are encouraged to try and side participants of equal abilities.

Officiating: Junior MBA Officials

- Jump ball is to start first quarter. Alternate side lines to resume games throughout
- Man to man marking. Teach participants to stay with man in Defence
- Running time
- Defence on sideline/baseline player who is in-bounding the ball is to be at least a meter away. (Use yellow line around the side lines or approximate distance)
- After basket is scored, the team who scored needs to pick up the defence as from the half court line. No full court man to man is to be played
- Traveling rule applied fully
- Double dribble rule applied fully
- No contact rule. This is to be applied and emphasized.
- No time outs
- No free throws awarded. Side and base line inlets are practiced
- In case of joint possession alternate sidelines are awarded
- Foot on line violations applied

MINI BASKETBALL RULES**CATEGORY: Under 12 Boys , Under 12 Girls**

Under 12 tournaments are to be separated by gender

- Game: 5 vs 5
Time: 4 sessions of 7 mins each session. (Depending on number of teams and play time)
Substitutions: Every new quarter
Ability: Coaches/leaders are encouraged to try and side participants of equal abilities

Officiating: Junior MBA Officials

Coaches are encouraged to bring all their participants to these tournaments. Teams who have a small number of players in this category will be placed against teams with a similar or equal number of players. Since court time is to be equally shared, teams with a smaller number of players may not have the same number of games as other teams with larger groups.

- Coaches are encouraged to bring in other players from the Under 10's to help raise the numbers if necessary.
- Coaches are encouraged to give court time to all their players
- Running time
- Jump ball to start first quarter
- Alternate side lines to resume the second, third and last quarter
- Man to man defence at all times
- Back to half court line after basket is scored
- 2 free throws are awarded on fouling the shooter. (Coaches are encouraged to teach positioning for rebounds and when to go in for rebounds) *Important not to waste too much time on setting up the free throw positioning*
- No time outs
- Traveling rule fully applied (Careful for first step/dribble to basket)
- Double dribble rule fully applied
- Backcourt rule applied
- Foot on line violations applied
- Encourage fouler to 'raise hand on the call'